



Are you ready for a change?

Specializing in Smoking, Weight Loss & Stress

1. Do you sometimes wonder what's holding you back?
2. Would you like to realize your true potential?
3. Is optimal health & wellness important to you?

Thom Kaz, C.Ht.
 (251) 622-6168
 www.thomkaz.com

Hypnosis Works!

Thom Kaz, C.Ht., is a graduate of the National Guild of Hypnotists Clinical Hypnotherapy program. With over 20 years experience, including 8 years in traditional medicine in the field of Radiology, he is one of the most recognized clinical hypnotherapists in the field of health and personal development. He has helped thousands of individuals achieve better health, wellness, and personal growth through his powerful and unique programs for self improvement. He has also worked as a wellness consultant to companies and individuals seeking better health and optimal wellness. Thom is a charter member of the National Guild of Hypnotists, the International Association of Medical and Dental Hypnotherapy, and the American Association of Hypnotherapists.

His work developing successful strategies for clients has earned national acclaim though television, radio and he has published several articles in major publications internationally. He has appeared in his own hypnosis entertainment show on the Las Vegas Strip and has delivered training and keynote presentations to corporations around the globe.

Thom's focus is centered around one core mission, to help individuals achieve their personal success & wellness goals ... "My goal is to help you reach your goal!"

"Change your mind, change your life!"

Services Include:

- | | |
|------------------|---|
| Quit Smoking | Exam Anxiety |
| Lose Weight | Confidence |
| Stress Reduction | Insomnia |
| Pain Management | Panic / Anxiety |
| Fears / Phobias | Sports Performance - "Mental Edge Golf" |
| Study Skills | Nutrition Programs |

Thom Kaz is a proud sponsor of the

**NATIONAL
 GREAT
 AMERICAN
 SMOKEOUT**



To schedule an appointment:

(251) 622-6168

Affordable Programs Available!

Take action now! Take control of your life today!



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